# Siddhargal Thiruvadi Seva Trust

(Service to Soul is Service to God)

Regd No. 117/2023 under Indian Trusts Act, 1882, Indian Income Tax Act, 1977 and NGO Darpan No. TN/2023/037227



24-A, 1ST MAIN ROAD, TROPICAL AVENUE, VEDHACHALAM ST, RAGAVENDHRA NAGAR, PALLIKARANAI, CHENNAI—600100

# **Trust Activities...**

- The Trust
- Annadhanam
- Oli Ettruvom
- Medical Camp
- Meditation / Yoga
- Temple Renovation
- Natural Disaster Aid
- Rural Developments

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# THE TRUST

**Siddhargal Thiruvadi Seva Trust** is a non-profit organization engaged in social responsibility activities through a variety of projects and undertakings aimed at the physical, social, and spiritual upliftment of all.

## ANNADHANAM

A fundamental aspect of sustaining these endeavours is food. At the Trust, Annadanam, the sacred offering of food, is served to hundreds of people, including the impoverished, the homeless, roadside dwellers, orphans, sanyasis, volunteers, bramhacharis, and those facing extreme poverty. Annadanam is provided in and around Chennai at roadside locations, temples, siddhar samadhis, and various other places, embodying the tradition of offering "alms" or "food."

Currently, we manage to provide meals weekly, sometimes twice, but our goal is "Nitya (Daily) Annadhanam", which means offering food daily to everyone. This initiative aims to alleviate hunger for at least hundreds to thousands of people. Over the past few years, **Siddhargal Thiruvadi Seva Trust** has grown significantly, attracting a large number of members.

As more individuals are inspired by this divine possibility, there's been an increase in those seeking to deepen their spiritual journey and contribute to the humanitarian services the Trust offers to the world. With the Trust's growth, the need for resources to support its activities also increases.

Marking important occasions such as birthdays, anniversaries, or any other day of your choice by offering "Annadanam" can be a meaningful way to spread joy, health, and wellbeing as part of Siddhargal Thiruvadi Seva Trust's mission.



Picture-1 : Providing water and food to the roadside helpless

#### **TEMPLE RENOVATION**

Temple renovation. reconstruction, and Kumbabhishekam are considered highly noble deeds. We should all contribute in any way we can "Punya Karma". Even a to earn small offering, such as a brick, sand, cement, stone, statue and shivling acontributes to our spiritual merit, as it ensures our presence in "Kailash or Vaikuntha" for as long as the brick / stone remains in the temple. Assisting the needy in marriage and performing "Shiva Puja" with offerings is also seen as very noble. The offerings can be as simple as a fruit, flower, or camphor, but the spiritual rewards are significant. Since 2020, Siddhargal Thiruvadi Seva been engaged in holy Trust has such activities, providing financial assistance and materials for eligible temple renovations or re-constructions.



Picture-2 : Construction Materials Provided to Adh Kailasanathar Temple at Ponneri, Thiruvallur Distrrict

## **OLI ETRUVOM – LIGHTING TO TEMPLE**

In Hindu temples, lighting diyas is a sacred ritual that transcends the mundane, connecting the spiritual with the earthly. It symbolizes hope, guidance, and divine blessings. These clay oil lamps dispelling of represent the darkness and the illumination of the spiritual path. For devotees, the soft glow of these lamps is a reminder of the eternal light guiding their journey toward enlightenment. Lighting divas invites divine presence into the temple, symbolizing the triumph of light over ignorance and spiritual enlightenment. gesture It's а of respect to the deities. seeking acknowledging their presence and blessings.

This tradition, deeply rooted in Hinduism, fosters continuity and connection with the past. It transcends cultural and regional boundaries, uniting devotees in a shared spiritual practice.



*Picture-3 : Providing one month Oil and Abhishek items to Sri Vaaleeswarar Tempke , Siththukadu, Thiruvallur Dt* 

Siddhargal Thiruvadi Seva Trust has observed that many Siddhar Jeeva Samadhis in Tamil Nadu lack the means for daily lighting and remain in darkness. Some are even without a proper structure. To address this, the Trust has committed to providing oil and Abhishek items for a month or a specific duration to ensure these sacred sites are properly maintained.



Picture-4 : Providing one month Oil and Abhishek items to Sri Thandavamoorthy Siddhar Jeeva Samadhi, Amuthurmedu, Thiruvallur—Dt

## NATURAL DISASTER HELP

Siddhargal Thiruvadi Seva Trust is actively involved in response efforts during natural disasters. The Trust plays a crucial role as an NGO by quickly responding to save lives, providing food, shelter, and clothing during floods, in collaboration with local communities. Our rapid response capability enables us to effectively assist those in need during critical times.



Picture-6 : Food, Water, Cloths and other humanitarian helps were done by the trust members during MiChaung Cyclone



Picture-7 : Food and Water provided during COVID-19 Pandemic at Stanley Hospital, Chennai

#### MEDITATION AND YOGA TRAINING18 SIDDHARS YAAGA POOJA

Siddhargal Thiruvadi Seva Trust hosting special "Holy Yaaga Poojas" for the 18 Siddhars to foster global peace, observed during significant lunar phases (Full Moon and Off Moon).



*Picture-5 : Conducting one-day Training Programme on "Everyday Yoga Practices" on Yoga Day 20th June, 2023* 

With numerous options available for online and offline yoga, it can be challenging to choose the right type. That's why Siddhargal Thiruvadi Seva Trust offers world-class yoga practices, accessible immediately and suitable for everyone interested in this noble art.

Our free short term classes are available to students, adults, and the general public, offering flexibility and a range of features. We are dedicated to fostering connection, support and love, aiming to create positive change through Yoga, Meditation, and Pranayama. We invite you to join us in sharing these practices, making them available to more people. All classes are completely free.

#### SPIRITUAL TRAVEL

Siddhargal Thiruvadi Seva Trust guides spiritual travels, providing stay, accommodation, and travel arrangements for "Spiritual Darshan" to national and international devotees visiting Tamil Nadu. This service is primarily utilized by Siddhargal Thiruvadi iTV YouTube subscribers, Seva Trust Members and followers of the <u>www.siddhargalthiruvadi.com</u> website from Canada, the USA, the UK, Australia,

Singapore, Malaysia, and Germany. They have frequently and satisfactorily availed themselves of these holy services at Shiva Temples, Siddhars Jeeva Samadhi, and for darshan of Living Siddhars. Siddhargal Thiruvadi offers these holy services completely free of charge and without any commercial expectations.

# **18 SIDDHARS YAAGA POOJA**

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Picture-8 : Contected "18 Siddhar Yaaga Pooja" for World Peace on every Lunar dats at Chennai

# **OFFERINGS** :

# <u>MEALS</u>

| 1 Meal<br>1 water Bottle | =Rs. 80<br>=Rs. 20 |
|--------------------------|--------------------|
|                          | Rs.100             |
| 10 Meals                 | Rs <b>. 1000</b>   |

# **OIL & ABHISHEK ITEMS**

| 3 Ltr Pooja Oil | = Rs. 600  |
|-----------------|------------|
| Abhishek Items  | = Rs. 400  |
| Total           | = Rs. 1000 |

# **CONSTRUCTION MATERIALS**

@ 1 Bricks = Rs. 30 1000 Bricks = Rs. 3000

@ 1 Cement Bag = Rs. 450 10 bags of Cement = Rs. 4500

"GOD HAS GIVEN YOU, PLENTY..... SPEND YOUR EXCESS EARNINGS TO GOD THROUGH ANNADHANAM" Siddhargal Thiruvadi iTV

# ஏழையின் சிரிப்பில் இறைவனைக் காண்போம் 🥨

Siddhargal Thiruvadi iTV

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# Your Donation Bank Account Details : Siddhargal Thiruvadi Seva Trust

S.B A/c. No. : **1200 0297 8817** IFSC Code : CNRB 000 2874, SWIFT No.: CNRBINBB Canara Bank - NIOT Pallikaranai Branch, Chennai - 600100

> Other Mode of Payments : G-Pay / Paytm No. : (+91) 8438238921

